

# COVID RULES FOR ART CYCLES AT IHR



A) For IUI		
<b>1. 1<sup>st</sup> cycle</b>	<b>Wife –</b> <ul style="list-style-type: none"> <li>• RT-PCR on Day 2/3</li> <li>• RT-PCR 1-2 days before anticipated trigger</li> </ul>	<b>Husband –</b> <ul style="list-style-type: none"> <li>• RT-PCR 1-2 days before anticipated trigger.</li> </ul>
<b>2. In any subsequent cycle within 3 months of RT-PCR</b>	<b>Wife –</b> <ul style="list-style-type: none"> <li>• RT-PCR on Day 2/3</li> <li>• RT-PCR 1-2 days before anticipated trigger</li> </ul>	<b>Husband –</b> <ul style="list-style-type: none"> <li>• RT-PCR 1-2 days before anticipated trigger.</li> </ul>

B) For OPU Cycles	
<b>Wife –</b> <ul style="list-style-type: none"> <li>• RT-PCR before starting stimulation on Day 1/2</li> <li>• RT-PCR 1-2 days before anticipated trigger</li> </ul>	<b>Husband –</b> <ul style="list-style-type: none"> <li>• RT-PCR on 8<sup>th</sup> day of stimulation (if Sunday, then 7<sup>th</sup> day), following which both cryo sample and fresh sample can be given within 7 days.</li> </ul>

C) For OD Cycles	
<b>Wife –</b> <ul style="list-style-type: none"> <li>• RT-PCR at the beginning of endometrial preparation</li> <li>• RT-PCR one day before starting progesterone</li> </ul>	<b>Husband –</b> <ul style="list-style-type: none"> <li>• RT-PCR at the beginning of endometrial preparation of wife. (To give semen sample within 7 days for cryopreservation).</li> <li>• RT-PCR one day before starting progesterone for wife. (Fresh semen sample for IVF within one week).</li> </ul>

D) For Embryo Donation Cycle / FET Cycle	
<b>Wife –</b> <ul style="list-style-type: none"> <li>• RT-PCR at the beginning of endometrial preparation</li> <li>• RT-PCR one day before starting progesterone</li> </ul>	<b>Husband –</b> <ul style="list-style-type: none"> <li>• Not Required</li> </ul>

- RT-PCR to be done irrespective of previous COVID recovery duration / antibody titres/ vaccination status of the couple.
- Validity of the tests shall be 7 days.

Dated: 24.04.21